

Individual Martial Arts

The International Federation of Martial Arts Festival (IFMAF) in order to grow and to raise the art in martial arts and with predicting special conditions for participating athletes in this important global event has created an opportunity for them to present their skills in different ages and physical conditions in various styles.

Perhaps IFMAF, with considering this matter that all martial arts athletes wouldn't like to present their skills by fight and contact, can create the proper situation for all participants with every age and physical condition. This matter was considered by IFMAF with attention to the human development factors of the UN (HDI) and it is noticeable that these factors, based on human growth, development and life expectancy among different groups and ages, are the most important factors.

In this time, IFMAF based on this mentioned subject, follows aims such as: perfection of human being, confirm friendly relations and brotherhood without any racial and skin's color discrimination. Of course relying on believes and intellectual power for acceding human perfection, IFMAF would like to prepare the suitable condition to play sports, especially martial arts. Therefore, it is hope to achieve human perfection through martial arts competitions.

Regarding this section as the most important part, to gain medal and presence certification in such unique event, IFMAF is able to provide necessities of participating in these competitions without using contact methods. In this way, artistic and performing aspect of martial skills would be more noticed and attention.

All the athletes can participate in the part of **Individual Martial Arts** under the arbitration rules of **IFMAF** and after being successful; they will achieve certificate and Medal of Honor. It is notable that all the outstanding people in the part of **Individual Martial Arts** will be signed up in Records Committee and World Championships Registration part.

Conditions

Age limit: 10 -80 years old

10 -15 / 15-25 / 25_35 / 35_45 / 45_55 / 55_65 / 70_75 / 75_80

Gender: males –females

Competitive categories:

- 1_ All standards Kata in different styles
- 2– Inventive Kata
- 3_ Collective Kata
- 4_ Breaking Hard Objects
- 5_Jumping Techniques in Height and Records registration

Working with cold weapons includes:

- 1_ Tonfa
- 2_ Sai
- 3_ Sword
- 4_ Nan Chico
- 5_ San Chiko
- 6_ wood

In these Competitions, the way of giving privilege to the athletes and introducing the best ones are as follows

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| 1) Speed | 10 point |
| 2) Balance | 5 point |
| 3) Power and intensity of beats | 8 point |
| 4) the style of athletes body | 5 point |
| 5) Reaction | 8 point |
| 6) Flexibility | 10 point |
| 7) Concentration | 7 point |
| 8) Stance | 5 point |
| 9) Type of music | 5 point |
| 10) Uniform | 5 point |
| 11) Athletic Moral | 10 point |
| 12) Strength of attracting audiences | 7 point |
| 13) Promoting records | 10 point |
| 14) Sight & the way of turning neck to the left and right | 5 point |

Total: 100 pints